Is your cell phone getting in between you and your valentine?

According to a recent survey, 79% of respondents believe that cell phones have become a form of “digital romance.” As the holiday approaches, it’s important to consider how to incorporate technology into your Valentine’s Day plans while still maintaining a personal connection with your loved one.

1. **Send a Text:** Send your partner a sweet and romantic text message. It’s a simple and easy way to show your love and affection. Just make sure to keep it short and sweet.

2. **Video Call:** Plan a video call with your partner. It’s a great way to see and hear each other, even if you’re not able to be physically together.

3. **Joint Activity:** Plan a joint activity, such as watching a movie or playing a game together. It’s a fun way to spend time together and connect over a shared interest.

4. **Write a Letter:** Write a thoughtful letter to your partner. It’s a romantic way to express your feelings and show your partner how much you care.

5. **Personalize:** Personalize your message or activity. Add in a personal touch, such as mentioning something specific about your partner’s interests or something that you share.

Remember, the most important thing is to show your love and affection in a way that feels meaningful to you and your partner. Whether it's through technology or in person, the most important thing is to connect with your loved one and let them know how much you care.